

02/07/22

To whom it may concern,

Please be aware that I am in opposition to the Continuation of Emergency Declarations and Limited Executive Orders in the State of CT.

As a mother of 3 children and mental health provider licensed in CT and NY, I have spent time reading older (2020) through current scientific research regarding mass mandates and how they have affected children and our population as a whole in many negative ways. I have been eager to read about effective ways to prevent and treat COVID-19, which stems from various clinical studies and research proving a highly effective multi-drug approach that reduces hospitalizations and fatalities.

Based on the research, I agree that we need to focus on the high risk populations as many doctors and scientists around the world are pointing out. The research and science is clear that children are very low risk. Most adults are low risk. Our elderly population and those with comorbidities are at high risk. The WHO has contra indicated mask usage for children 11 and under. Many countries around our globe, including high population cities have not implemented mask mandates for children. We see the effects of masks affecting learning, understanding and communicating effectively, speech delays, and growths/rashes on faces such as bacteria among other skin issues that then need to be treated. We understand the effects of lockdowns have had minimal decrease regarding mortality (0.2%) This research from John Hopkins University also has shown various negative effects of lockdowns: economic, causing mental health issues such as depression, anxiety, increasing suicide, among other negative effects. (Please read the full John Hopkins research which came out last week). We know as mental health providers, we have been bombarded with calls and many of us are at full capacity. People have been isolated, have had less medical treatments, and other negative effects such as more unreported domestic violence incidents.

I urge our politicians to let the doctors and scientists be doctors and scientists, and considering getting out of the way and eliminating mass mandates for all citizens. Now two years into the pandemic we are soon approaching an endemic. We have much more research and science and fully understand what is helpful and what is not helpful in preventing and treating COVID-19. We know early treatment/a multi-drug approach is effective, in addition to reducing obesity, smoking and increasing immunity naturally or through vitamin supplementation. We understand natural immunity is effective and durable, again stemming from various studies globally.

In conclusion, we must assess individual risk benefits for every child, adolescent and adult. We must allow each person's doctor to make that medical assessment and not clump every human being into the same category. Please follow the science, which is clear, and together we will be more effective in preventing and treating covid-19 while moving forward as a society and moving towards healing. Please allow these medical freedoms to be implemented immediately for the well-being and health of all citizens.

Thank you in advance for taking the time to read this letter and taking these requests into consideration.

Best regards,

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